

Approximation method

Time independent

- Assume that the Hamiltonian is a sum of two terms,

$$H = H_0 + \lambda H_1$$

- Let $\{|\alpha\rangle\}$ be a complete set of eigenstates of the unperturbed Hamiltonian H_0 with energy eigenvalues E_α

$$H_0|\alpha\rangle = E_\alpha|\alpha\rangle$$

- The eigenstates $\{|a\rangle\}$ and eigenvalues $\{E_a\}$ of the complete Hamiltonian H

$$H|a\rangle = E_a|a\rangle$$

Non-degenerate case

- unperturbed results

$$|a\rangle \simeq |\alpha\rangle \qquad E_a \simeq E_\alpha$$

- perturbed states

$$|a\rangle = c_\alpha |\alpha\rangle + \sum_{\beta \neq \alpha} d_\beta |\beta\rangle$$

$$|c_\alpha|^2 + \sum_{\beta \neq \alpha} |d_\beta|^2 = 1$$

- Perturbation theory evaluates the eigenvalues E_a , and the coefficients c_α and d_β , as power series in λ

- To find E_a $\langle \alpha | (H - E_a) | a \rangle = 0$

$$\begin{aligned}
 \langle \alpha | (H - E_a) | a \rangle &= \langle \alpha | (H_0 + \lambda H_1 - E_a) | a \rangle \\
 &= c_\alpha \langle \alpha | (H_0 - E_a + \lambda H_1) | \alpha \rangle + \sum_{\beta \neq \alpha} d_\beta \langle \alpha | (H_0 - E_a + \lambda H_1) | \beta \rangle \\
 &= \lambda c_\alpha \langle \alpha | H_1 | \alpha \rangle + c_\alpha (E_\alpha - E_a) + \sum_{\beta \neq \alpha} \lambda d_\beta \langle \alpha | H_1 | \beta \rangle \\
 &= 0
 \end{aligned}$$

- d is on the order of λ , and c is on the order of $1 + O(\lambda^2)$

$$\begin{aligned}
 E_a &= E_\alpha + \lambda \langle \alpha | H_1 | \alpha \rangle + \frac{\lambda}{c_\alpha} \sum_{\beta \neq \alpha} d_\beta \langle \alpha | H_1 | \beta \rangle \\
 &= E_\alpha + \lambda \langle \alpha | H_1 | \alpha \rangle + O(\lambda^2)
 \end{aligned}$$

- To find d

$$\langle \gamma | (H - E_a) | a \rangle = 0 \quad \gamma \neq \alpha$$

$$\begin{aligned} \langle \gamma | (H - E_a) | a \rangle &= \langle \gamma | (H_0 + \lambda H_1 - E_a) | a \rangle \\ &= c_\alpha \langle \gamma | (H_0 - E_a + \lambda H_1) | \alpha \rangle + \sum_{\beta \neq \alpha} d_\beta \langle \gamma | (H_0 - E_a + \lambda H_1) | \beta \rangle \\ &= \lambda c_\alpha \langle \gamma | H_1 | \alpha \rangle + d_\gamma (E_\gamma - E_a) + \sum_{\beta \neq \alpha} \lambda d_\beta \langle \gamma | H_1 | \beta \rangle \\ &= 0 \end{aligned}$$

- d is on the order of λ , and c is on the order of $1 + O(\lambda^2)$

$$d_\gamma = c_\alpha \lambda \frac{\langle \gamma | H_1 | \alpha \rangle}{E_a - E_\gamma} + O(\lambda^2) = \lambda \frac{\langle \gamma | H_1 | \alpha \rangle}{E_a - E_\gamma} + O(\lambda^2)$$

- To leading order E_a can be replaced by the unperturbed eigenvalue E_α . Hence

$$|a\rangle = |\alpha\rangle + \sum_{\beta \neq \alpha} |\beta\rangle \frac{\lambda \langle \beta | H_1 | \alpha \rangle}{E_\alpha - E_\beta} + O(\lambda^2)$$

- This formula requires that for all β

$$\left| \frac{\lambda \langle \beta | H_1 | \alpha \rangle}{E_\alpha - E_\beta} \right| \ll 1$$

- If the off-diagonal matrix elements of H_1 do not grow as the energy difference $|E_\alpha - E_\beta|$ increases, the more "distant" a state is from the state of interest the smaller its influence will be.

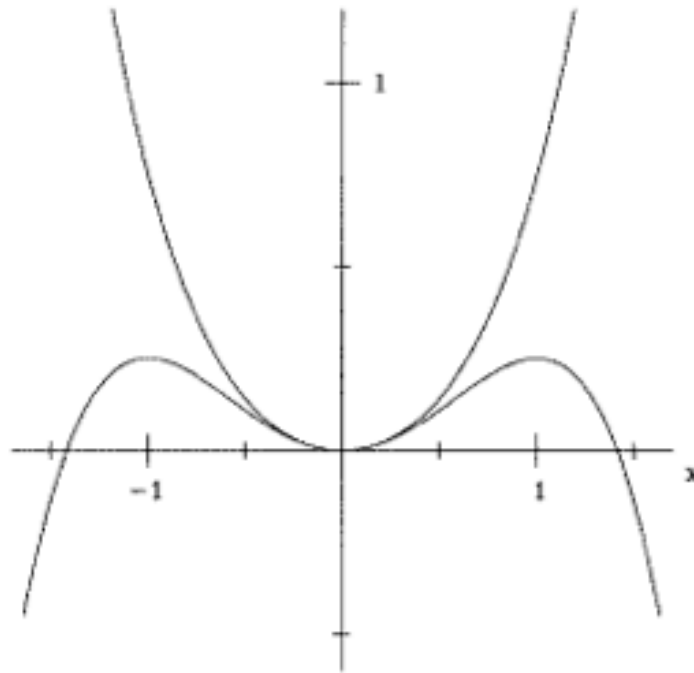
- Consider the second order correction in E_a

$$\begin{aligned} E_a &= E_\alpha + \lambda \langle \alpha | H_1 | \alpha \rangle + \frac{\lambda}{c_\alpha} \sum_{\beta \neq \alpha} d_\beta \langle \alpha | H_1 | \beta \rangle \\ &= E_\alpha + \lambda \langle \alpha | H_1 | \alpha \rangle + \lambda^2 \sum_{\beta \neq \alpha} \frac{|\langle \alpha | H_1 | \beta \rangle|^2}{E_\alpha - E_\beta} + O(\lambda^3) \end{aligned}$$

- The leading contribution to the energy shift is the expectation value of the perturbation in the unperturbed state. The second-order term involves the other unperturbed states, and in many situations this is the leading correction because the 1st order value vanishes by symmetry.

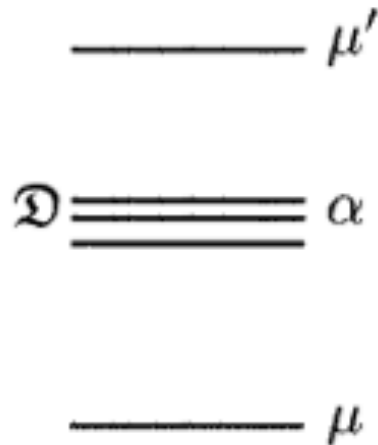
The validity of the perturbation expansion

- The anharmonic oscillator



Degenerate-State case

- the perturbation produces large effects on unperturbed states that have nearby neighbors
- Consider the spectrum of H_0 , which contains a degenerate or nearly degenerate subspace D



- Within D , no constraint is put on the magnitude of matrix elements. The problem comes from

$$|\lambda \langle \beta | H_1 | \alpha \rangle| \ll |E_\alpha - E_\beta|$$

- In view of these characteristics of the unperturbed spectrum, the unperturbed state is amended to

$$|a\rangle = \sum_{\alpha} c_{\alpha} |\alpha\rangle + \sum_{\mu} d_{\mu} |\mu\rangle$$

- Now c are on the order $O(1)$ and d are on the order $O(\lambda)$

- Starting from the equation $(H - E_a)|a\rangle = 0$
- Project it to a state $|\beta\rangle$ in D $|\beta\rangle \neq |\alpha\rangle$

$$\begin{aligned}
 \langle\beta|(H - E_a)|a\rangle &= \langle\beta|(H_0 + \lambda H_1 - E_a)|a\rangle \\
 &= \sum_{\alpha} c_{\alpha} \langle\beta|(H_0 - E_a + \lambda H_1)|\alpha\rangle + \sum_{\mu} d_{\mu} \langle\beta|(H_0 - E_a + \lambda H_1)|\mu\rangle \\
 &= c_{\beta} (E_{\beta} - E_a) + \lambda \sum_{\alpha} c_{\alpha} \langle\beta|H_1|\alpha\rangle + \lambda \sum_{\mu} d_{\mu} \langle\beta|H_1|\mu\rangle \\
 &= 0
 \end{aligned}$$

- Project it to a state $|\nu\rangle$ outside D

$$\begin{aligned}
 \langle\nu|(H - E_a)|a\rangle &= \langle\nu|(H_0 + \lambda H_1 - E_a)|a\rangle \\
 &= \sum_{\alpha} c_{\alpha} \langle\nu|(H_0 - E_a + \lambda H_1)|\alpha\rangle + \sum_{\mu} d_{\mu} \langle\nu|(H_0 - E_a + \lambda H_1)|\mu\rangle \\
 &= \lambda \sum_{\alpha} c_{\alpha} \langle\nu|H_1|\alpha\rangle + d_{\nu} (E_{\nu} - E_a) + \lambda \sum_{\mu} d_{\mu} \langle\nu|H_1|\mu\rangle \\
 &= 0
 \end{aligned}$$

- Consider equation for $|\nu\rangle$ first

$$\lambda \sum_{\alpha} c_{\alpha} \langle \nu | H_1 | \alpha \rangle + d_{\nu} (E_{\nu} - E_a) + \lambda \sum_{\mu} d_{\mu} \langle \beta | H_1 | \mu \rangle = 0$$

- In D, energy are similar and can be chosen as an average energy E_D

$$\begin{aligned} d_{\nu} &= \lambda \sum_{\alpha} c_{\alpha} \frac{\langle \nu | H_1 | \alpha \rangle}{E_a - E_{\nu}} + O(\lambda^2) \\ &= \frac{\lambda}{E_D - E_{\nu}} \sum_{\alpha} c_{\alpha} \langle \nu | H_1 | \alpha \rangle + O(\lambda^2) \end{aligned}$$

- Put into the equation for $|\beta\rangle$

$$c_{\beta} (E_{\beta} - E_a) + \lambda \sum_{\alpha} c_{\alpha} \langle \beta | H_1 | \alpha \rangle + \lambda \sum_{\mu} d_{\mu} \langle \beta | H_1 | \mu \rangle = 0$$

$$c_{\beta} (E_{\beta} - E_a) + \sum_{\alpha} c_{\alpha} \left[\lambda \langle \beta | H_1 | \alpha \rangle + \lambda^2 \sum_{\mu} \frac{\langle \beta | H_1 | \mu \rangle \langle \mu | H_1 | \alpha \rangle}{E_D - E_{\nu}} \right] + O(\lambda^3) = 0$$

$$c_\beta (E_\beta - E_a) + \sum_\alpha c_\alpha \left[\lambda \langle \beta | H_1 | \alpha \rangle + \lambda^2 \sum_\mu \frac{\langle \beta | H_1 | \mu \rangle \langle \mu | H_1 | \alpha \rangle}{E_D - E_\nu} \right] = 0$$

- This is an eigenvalue problem

$$-c_\beta \eta_\beta + \sum_\alpha c_\alpha (H_{\text{eff}})_{\alpha\beta} = 0$$

$$\langle \beta | H_{\text{eff}} | \alpha \rangle = \lambda \langle \beta | H_1 | \alpha \rangle + \lambda^2 \sum_\mu \frac{\langle \beta | H_1 | \mu \rangle \langle \mu | H_1 | \alpha \rangle}{E_D - E_\nu}$$

- Use the projection operator

$$P = \sum_\alpha |\alpha\rangle \langle \alpha|$$

$$H_{\text{eff}} = \lambda P H_1 P + \lambda^2 P H_1 \frac{1 - P}{E - H_0} H_1 P$$

Example: 3-level system

$$H = \begin{pmatrix} 0 & 0 & \lambda M \\ 0 & 0 & \lambda M \\ \lambda M & \lambda M & \Delta \end{pmatrix} \quad H_1 = M \begin{pmatrix} 0 & 0 & 1 \\ 0 & 0 & 1 \\ 1 & 1 & 0 \end{pmatrix}$$

$$P = \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

$$H_{\text{eff}} = \lambda P H_1 P + \lambda^2 P H_1 \frac{1-P}{E-H_0} H_1 P$$

$$P H_1 P = M \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 0 \end{pmatrix} \begin{pmatrix} 0 & 0 & 1 \\ 0 & 0 & 1 \\ 1 & 1 & 0 \end{pmatrix} \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 0 \end{pmatrix} = 0$$

$$\begin{aligned}
PH_1 \frac{1-P}{E_D - H_0} H_1 P &= M^2 \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 0 \end{pmatrix} \begin{pmatrix} 0 & 0 & 1 \\ 0 & 0 & 1 \\ 1 & 1 & 0 \end{pmatrix} \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1/\Delta \end{pmatrix} \begin{pmatrix} 0 & 0 & 1 \\ 0 & 0 & 1 \\ 1 & 1 & 0 \end{pmatrix} \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 0 \end{pmatrix} \\
&= -\frac{M^2}{\Delta} \begin{pmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 0 \end{pmatrix} \begin{pmatrix} 0 & 0 & 1 \\ 0 & 0 & 1 \\ 1 & 1 & 0 \end{pmatrix} \begin{pmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \\ 1 & 1 & 0 \end{pmatrix} \\
&= -\frac{M^2}{\Delta} \begin{pmatrix} 1 & 1 & 0 \\ 1 & 1 & 0 \\ 0 & 0 & 0 \end{pmatrix}
\end{aligned}$$

$$H_{eff} = -\frac{M^2}{\Delta} \begin{pmatrix} 1 & 1 & 0 \\ 1 & 1 & 0 \\ 0 & 0 & 0 \end{pmatrix}$$

$$E_A = 0$$

$$|E_A\rangle = (|1\rangle - |2\rangle)/\sqrt{2}$$

$$E_S = -2M^2/\Delta$$

$$|E_S\rangle = (|1\rangle + |2\rangle)/\sqrt{2}$$

Time dependent

- The Hamiltonian of the system is

$$H = H_0 + V(t)$$

- where $V(t)$, called the perturbation, may be time-dependent
- The state of interest, $|\Psi_i(t)\rangle$, is a solution of the complete Schrodinger equation

$$i\hbar \frac{\partial}{\partial t} |\Psi_i(t)\rangle = [H_0 + V(t)] |\Psi_i(t)\rangle$$

- This solution is to evolve out of a solution $|\Phi_i(t)\rangle$ of the unperturbed Schrodinger equation,

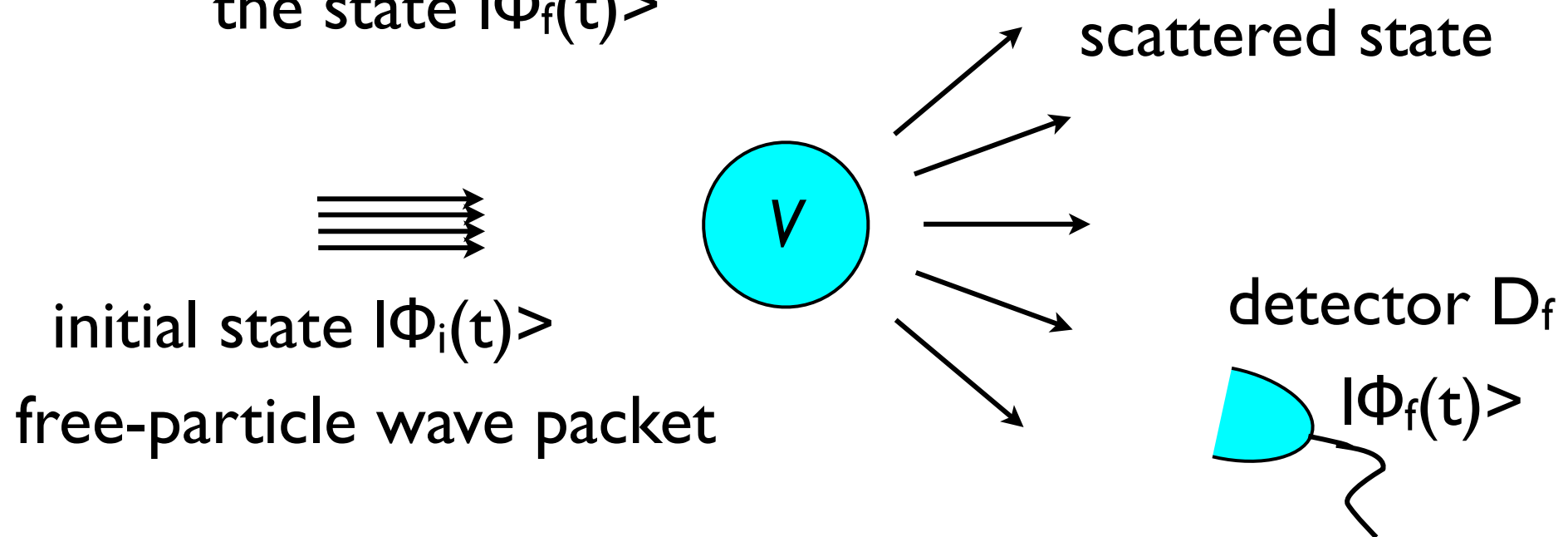
$$|\Psi_i(t)\rangle \rightarrow |\Phi_i(t)\rangle \quad \text{when } t \rightarrow -\infty$$

- where $|\Phi_i(t)\rangle$ is a solution of

$$i\hbar \frac{\partial}{\partial t} |\Phi_i(t)\rangle = H_0 |\Phi_i(t)\rangle$$

- The first type of problem is one where $V(t)$ is explicitly time-dependent. It is "turned on," at $t = 0$, and the initial state $|\Phi_i(t)\rangle$ is a stationary state of H_0 .
- For $t > 0$ we wish to know the probability for the system to be in some other stationary state $|\Phi_f(t)\rangle$ of H_0 .
- example : an atom in its ground state which is subjected to an applied electromagnetic field.

- The second example : the collision of a particle with a time-independent potential V of finite range.
- a distant detector D_f which, in effect, asks for the probability that the state has evolved into the state $|\Phi_f(t)\rangle$



- This transition probability is

$$P_{i \rightarrow f}(t) = \left| \langle \Phi_f(t) | \Psi_i(t) \rangle \right|^2$$

- P_{if} is closely related to such observable quantities as scattering cross sections, but to make this connection important details remain to be settled.
- the term transition amplitude can be introduced

$$A_{i \rightarrow f}(t) = \langle \Phi_f(t) | \Psi_i(t) \rangle$$

- lowest-order time-dependent perturbation

$$\left(i\hbar \frac{\partial}{\partial t} - H_0 \right) |\Psi_i(t)\rangle = V(t) |\Psi_i(t)\rangle \simeq V(t) |\Phi_i(t)\rangle$$

- To solve this equation, consider first a similar ordinary differential equation

$$\left(i \frac{d}{dt} - C \right) \psi(t) = s(t)$$

- The solution with initial condition

$$\psi(t) = \phi(t) \quad \text{when } t \rightarrow -\infty$$

$$s(t) \rightarrow 0 \quad \text{as } t \rightarrow -\infty \quad \text{ufficiently rapidly.}$$

$$\psi(t) = \phi(t) - i \int_{-\infty}^t e^{-iC(t-t')} s(t') dt'$$

- because H_0 commutes with itself

$$|\Psi_i(t)\rangle = |\Phi_i(t)\rangle - \frac{i}{\hbar} \int_{-\infty}^t e^{-iH_0(t-t')/\hbar} V(t') |\Phi_i(t')\rangle dt'$$

- The transition amplitude

$$A_{i \rightarrow f}(t) = \langle \Phi_f(t) | \Phi_i(t) \rangle - \frac{i}{\hbar} \int_{-\infty}^t \langle \Phi_f(t) | e^{-iH_0(t-t')/\hbar} V(t') | \Phi_i(t') \rangle dt'$$

- Consider an atom exposed to a uniform time-dependent electric field $E(t)$, in which case the perturbation $V(t)$ is $-E(t)d$, where d is the operator that corresponds to the component of the atom's electric dipole moment parallel to E .
- this problem has the form $V(t)=f(t)Q$ where $f(t)$ is a numerical function and Q some observable of the system.

- the initial and final states are eigenstates of H_0 ,

$$|\Phi_{i,f}(t)\rangle = e^{-iE_{i,f}t/\hbar} |\Phi_{i,f}\rangle$$

- The transition probability

$$\begin{aligned}
 P_{i \rightarrow f}(t) &= \left| \langle \Phi_f(t) | \Psi_i(t) \rangle \right|^2 = \frac{1}{\hbar^2} \left| \int_{-\infty}^t \langle \Phi_f(t) | e^{-iH_0(t-t')/\hbar} V(t') | \Phi_i(t') \rangle dt' \right|^2 \\
 &= \frac{1}{\hbar^2} \left| \int_{-\infty}^t dt' e^{iE_f t/\hbar} e^{-iE_i t'/\hbar} e^{-iE_f(t-t')/\hbar} f(t') \langle \Phi_f | Q | \Phi_i \rangle \right|^2 \\
 &= \frac{1}{\hbar^2} \left| \langle \Phi_f | Q | \Phi_i \rangle \right|^2 \left| \int_{-\infty}^t dt' e^{i(E_f - E_i)t'/\hbar} f(t') \right|^2 \\
 &= \frac{1}{\hbar^2} \left| \langle \Phi_f | Q | \Phi_i \rangle \right|^2 \left| F(\omega_{fi}, t) \right|^2
 \end{aligned}$$

- Consider a periodic perturbation $f(t) = \sin vt$ that turns on at $t = 0$,

$$\begin{aligned}
 F(\omega, t) &= \int_0^t dt' e^{i\omega t'} \sin vt' = \frac{1}{2i} \int_0^t dt' \left[e^{i(\omega+v)t'} - e^{i(\omega-v)t'} \right] \\
 &= \frac{1}{2} \frac{e^{i(\omega-v)t} - 1}{\omega - v} - \frac{1}{2} \frac{e^{i(\omega+v)t} - 1}{\omega + v} = i \frac{e^{i(\omega-v)t/2} \sin \frac{\omega - v}{2} t}{\omega - v} - i \frac{e^{i(\omega+v)t/2} \sin \frac{\omega + v}{2} t}{\omega + v}
 \end{aligned}$$

- the perturbation is resonant, i.e., has a frequency ν that is close to one of the excitation frequencies ω_{fi} .

$$\begin{aligned}
 |F(\omega, t)|^2 &\simeq \left| i \frac{e^{i(\omega-\nu)t/2} \sin \frac{\omega-\nu}{2} t}{\omega-\nu} \right|^2 + 2 \operatorname{Re} \left(e^{i(\omega-\nu)t/2} e^{-i(\omega+\nu)t/2} \right) \frac{\sin \frac{\omega-\nu}{2} t}{\omega-\nu} \frac{\sin \frac{\omega+\nu}{2} t}{\omega+\nu} \\
 &= \frac{\sin^2 \frac{\omega-\nu}{2} t}{(\omega-\nu)^2} + 2 \cos \omega t \sin \omega t \frac{\sin \frac{\omega-\nu}{2} t}{\omega(\omega-\nu)}
 \end{aligned}$$

- At resonance,

$$P_{i \rightarrow f}(t) = \frac{1}{\hbar^2} \left| \langle \Phi_f | Q | \Phi_i \rangle \right|^2 \frac{\sin^2 \frac{\omega - \nu}{2} t}{(\omega - \nu)^2}$$

- Assume the more realistic form of perturbation

$$V(t) = Q e^{-t/\tau} \sin \nu t$$

$$P_{i \rightarrow f}(t) = \frac{1}{4\hbar^2} \left| \langle \Phi_f | Q | \Phi_i \rangle \right|^2 \frac{1}{(\omega - \nu)^2 + 1/\tau^2} \quad t \gg \tau$$

The Golden Rule

- Consider the second type of problem
- Unless the scattering is in the exact forward direction, only the second term in contributes,

$$A_{i \rightarrow f}(t) = -\frac{i}{\hbar} \langle \Phi_f | V | \Phi_i \rangle \int_{-\infty}^t e^{-i\omega_{fi}t'/\hbar} dt'$$

- first assume that for some very large but finite time $-T$ in the past,

$$A_{i \rightarrow f}(T) = -\frac{i}{\hbar} \langle \Phi_f | V | \Phi_i \rangle \int_{-T}^T e^{-i\omega_{fi}t'/\hbar} dt'$$

- the transition probability

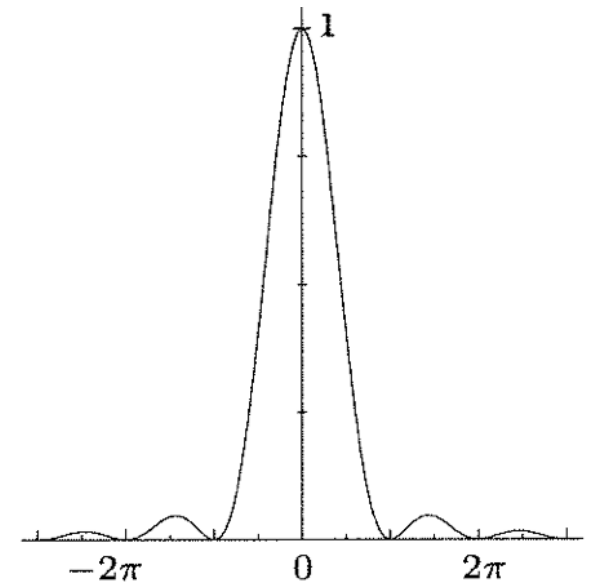
$$P_{i \rightarrow f}(T) = \frac{4}{\hbar^2} \left| \langle \Phi_f | V | \Phi_i \rangle \right|^2 \frac{\sin^2 \omega_{fi} T}{\omega_{fi}^2}$$

- As $\omega T \rightarrow \infty$ height $\sim T^2$, width $\sim T^{-1}$

$$\int \frac{\sin^2 \omega T}{\omega^2} d\omega = \pi T$$

- When $T \rightarrow \infty$ $\omega \rightarrow 0$

$$\lim_{T \rightarrow \infty} \frac{\sin^2 \omega T}{\omega^2} = \pi T \delta(\omega)$$



- The transition probability

$$P_{i \rightarrow f}(T \rightarrow \infty) = \frac{4\pi}{\hbar} \left| \langle \Phi_f | V | \Phi_i \rangle \right|^2 T \delta(E_f - E_i)$$

- the steady transition rate

$$\frac{dP_{i \rightarrow f}}{dt} = \frac{2\pi}{\hbar} \left| \langle \Phi_f | V | \Phi_i \rangle \right|^2 \delta(E_f - E_i)$$

- We call this formula Golden rule