

# Angular momentum



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# central force problem

- in 3D system

$$H = \frac{\mathbf{p}^2}{2\mu} + V(\mathbf{r})$$

- $\mu$  reduced mass
- central force, potential only depends on distance

$$V(\mathbf{r}) = V(r)$$

# conservation of L

- Angular momentum is conserved in central force problem

$$\frac{d\mathbf{L}}{dt} = 0$$

- In quantum mechanics, it can be written as

$$[H, \mathbf{L}] = 0$$

# angular mom operator

- in classical mechanics,  $\mathbf{L} = \mathbf{r} \times \mathbf{p}$

- all the 3 components are

$$L_x = yp_z - zp_y$$

$$L_y = zp_x - xp_z$$

$$L_z = xp_y - yp_x$$

- because the operators are commute, the order can be changed

# commutation relations

- mutual commutation relations

$$\begin{aligned} [L_x, L_y] &= [yp_z - zp_y, zp_x - xp_z] = [yp_z, zp_x] + [zp_y, xp_z] \\ &= -i\hbar yp_x + i\hbar p_y x = i\hbar L_z \end{aligned}$$

$$[L_y, L_z] = i\hbar L_x$$

$$[L_z, L_x] = i\hbar L_y$$

- $L^2$

$$\begin{aligned} [L_x, L^2] &= [L_x, L_x^2 + L_y^2 + L_z^2] = [L_x, L_y^2] + [L_x, L_z^2] \\ &= i\hbar(L_y L_z + L_z L_y) - i\hbar(L_y L_z + L_z L_y) = 0 \end{aligned}$$

$$[L_y, L^2] = 0$$

$$[L_z, L^2] = 0$$

# mutual eigenstates

- the components are not commute, they do not have common eigenstates.
- We choose simultaneous eigenstates of  $L_z$  and  $L^2$  as  $|l, m\rangle$
- eigenvalues

$$L_z |l, m\rangle = m\hbar |l, m\rangle$$

$$L^2 |l, m\rangle = l(l+1)\hbar^2 |l, m\rangle$$

why? we will see later

# raising and lowering operators

- to show the structure, we define

$$L_{\pm} = L_x \pm iL_y$$

- commutation relations

$$[L_+, L_-] = [L_x + iL_y, L_x - iL_y] = -2i[L_x, L_y] = 2\hbar L_z$$

$$[L_z, L_+] = [L_z, L_x + iL_y] = i\hbar L_y + \hbar L_x = \hbar L_+$$

$$[L_z, L_-] = [L_z, L_x - iL_y] = i\hbar L_y - \hbar L_x = -\hbar L_-$$

$$[L^2, L_{\pm}] = [L^2, L_x \pm iL_y] = 0$$

# some properties

$$\begin{aligned}L_+L_- &= (L_x + iL_y)(L_x - iL_y) \\ &= L_x^2 + L_y^2 + i[L_y, L_x] \\ &= L_x^2 + L_y^2 + \hbar L_z\end{aligned}$$

$$L_-L_+ = L_x^2 + L_y^2 - \hbar L_z$$

$$\begin{aligned}L^2 &= L_x^2 + L_y^2 + L_z^2 \\ &= L_+L_- - \hbar L_z + L_z^2 \\ &= L_-L_+ + \hbar L_z + L_z^2\end{aligned}$$



# meaning of $L_+$

- What is  $L_+|l,m\rangle$

- we check the length

$$L^2 L_+ |l,m\rangle = L_+ L^2 |l,m\rangle = l(l+1) L_+ |l,m\rangle$$

- we check the z-component

$$L_z L_+ |l,m\rangle = (L_+ L_z + \hbar L_+) |l,m\rangle = (m+1)\hbar L_+ |l,m\rangle$$

- the length is unchanged and z-component eigenvalue is added by 1

$$L_+ |l,m\rangle = C_+ |l,m+1\rangle$$

# meaning of $L_-$

- Similarly,

$$L^2 L_- |l, m\rangle = l(l+1) L_- |l, m\rangle$$

$$L_z L_- |l, m\rangle = (m-1)\hbar L_- |l, m\rangle$$

$$L_- |l, m\rangle = C_- |l, m-1\rangle$$

# coefficients

- to calculate  $C$

$$\begin{aligned}\langle l, m | L_+^\dagger L_+ | l, m \rangle &= \langle l, m | L_- L_+ | l, m \rangle \\ &= \langle l, m | L^2 - L_z^2 - \hbar L_z | l, m \rangle \\ &= l(l+1)\hbar^2 - m^2\hbar^2 - m\hbar^2 \\ &= (l-m)(l+m+1)\hbar^2 = |C_+|^2\end{aligned}$$

$$\begin{aligned}\langle l, m | L_-^\dagger L_- | l, m \rangle &= \langle l, m | L_+ L_- | l, m \rangle \\ &= (l+m)(l-m+1)\hbar^2 = |C_-|^2\end{aligned}$$

$$L_+ | l, m \rangle = \sqrt{(l-m)(l+m+1)\hbar} | l, m+1 \rangle$$

$$L_- | l, m \rangle = \sqrt{(l+m)(l-m+1)\hbar} | l, m-1 \rangle$$

# possible values of $m$

- the coefficients should be

$$|C_{\pm}|^2 \geq 0$$

- it gives a constraint for  $m$

$$(l - m)(l + m + 1) \geq 0$$

$$(l + m)(l - m + 1) \geq 0$$

$$-l \leq m \leq l$$

# structure of $l$ and $m$

- starting from a maximal  $m=l$ , we can lower the state to

$$m = l, l-1, l-2 \dots$$

- it should stop at the minimal value  $m=-l$

$$m = l, l-1, l-2 \dots, -l+1, -l$$

- The total number of possible  $m$  is  $(2l+1)$
- possible value of  $l$ : integers and half-integers

# representation in $\theta, \varphi$

- The integer angular momentum states can be expressed using spherical coordinate  $(\theta, \varphi)$
- We may show that the spherical harmonics functions are the eigenstates

$$Y_{lm}(\theta, \phi) = \langle \theta, \phi | l, m \rangle$$

# angular momentum

- the operators in spherical coordinate
- We express the components of angular momentum to be

$$L_z = xp_y - yp_x$$
$$= \frac{\hbar}{i} \left( x \frac{\partial}{\partial y} - y \frac{\partial}{\partial x} \right)$$

$$\frac{\partial}{\partial x} = \frac{\partial r}{\partial x} \frac{\partial}{\partial r} + \frac{\partial \theta}{\partial x} \frac{\partial}{\partial \theta} + \frac{\partial \phi}{\partial x} \frac{\partial}{\partial \phi}$$

$$\frac{\partial}{\partial y} = \frac{\partial r}{\partial y} \frac{\partial}{\partial r} + \frac{\partial \theta}{\partial y} \frac{\partial}{\partial \theta} + \frac{\partial \phi}{\partial y} \frac{\partial}{\partial \phi}$$

$$x = r \sin \theta \cos \phi$$

$$y = r \sin \theta \sin \phi$$

$$z = r \cos \theta$$

$$r = x^2 + y^2 + z^2$$

$$\cos \theta = \frac{z}{r}$$

$$\tan \phi = \frac{y}{x}$$

# calculation of Jacobian

$$\frac{\partial r}{\partial x} = \frac{x}{r} \quad \frac{\partial r}{\partial y} = \frac{y}{r} \quad \frac{\partial r}{\partial z} = \frac{z}{r}$$

$$\frac{\partial \theta}{\partial x} = \frac{\partial \cos \theta}{\partial x} \frac{d\theta}{d \cos \theta} = -\frac{1}{\sin \theta} \frac{\partial}{\partial x} \left( \frac{z}{r} \right) = \frac{z}{r^2 \sin \theta} \frac{\partial r}{\partial x} = \frac{xz}{r^3 \sin \theta} = \frac{\cos \theta \cos \phi}{r}$$

$$\frac{\partial \theta}{\partial y} = \frac{\partial \cos \theta}{\partial y} \frac{d\theta}{d \cos \theta} = -\frac{1}{\sin \theta} \frac{\partial}{\partial y} \left( \frac{z}{r} \right) = \frac{z}{r^2 \sin \theta} \frac{\partial r}{\partial y} = \frac{yz}{r^3 \sin \theta} = \frac{\cos \theta \sin \phi}{r}$$

$$\frac{\partial \theta}{\partial z} = \frac{\partial \cos \theta}{\partial z} \frac{d\theta}{d \cos \theta} = -\frac{1}{\sin \theta} \frac{\partial}{\partial z} \left( \frac{z}{r} \right) = -\frac{1}{r \sin \theta} + \frac{z}{r^2 \sin \theta} \frac{\partial r}{\partial z} = -\frac{x^2 + y^2}{r^3 \sin \theta} = -\frac{\sin \theta}{r}$$

$$\frac{\partial \phi}{\partial x} = \frac{\partial \tan \phi}{\partial x} \frac{d\phi}{d \tan \phi} = \cos^2 \phi \frac{\partial}{\partial x} \left( \frac{y}{x} \right) = -\cos^2 \phi \frac{y}{x^2} = -\frac{\sin \phi}{r \sin \theta}$$

$$\frac{\partial \phi}{\partial y} = \frac{\partial \tan \phi}{\partial y} \frac{d\phi}{d \tan \phi} = \cos^2 \phi \frac{\partial}{\partial y} \left( \frac{y}{x} \right) = \cos^2 \phi \frac{1}{x} = \frac{\cos \phi}{r \sin \theta}$$

$$\frac{\partial \phi}{\partial z} = 0$$



# L operators in $\theta, \phi$

$$\begin{aligned}
 \frac{i}{\hbar} L_x &= y \frac{\partial}{\partial z} - z \frac{\partial}{\partial y} \\
 &= y \left( \frac{\partial r}{\partial z} \frac{\partial}{\partial r} + \frac{\partial \theta}{\partial z} \frac{\partial}{\partial \theta} + \frac{\partial \phi}{\partial z} \frac{\partial}{\partial \phi} \right) - z \left( \frac{\partial r}{\partial y} \frac{\partial}{\partial r} + \frac{\partial \theta}{\partial y} \frac{\partial}{\partial \theta} + \frac{\partial \phi}{\partial y} \frac{\partial}{\partial \phi} \right) \\
 &= y \left( \frac{z}{r} \frac{\partial}{\partial r} - \frac{\sin \theta}{r} \frac{\partial}{\partial \theta} \right) - z \left( \frac{y}{r} \frac{\partial}{\partial r} + \frac{\cos \theta \sin \phi}{r} \frac{\partial}{\partial \theta} + \cos^2 \phi \frac{1}{x} \frac{\partial}{\partial \phi} \right) \\
 &= - \left( y \frac{\sin \theta}{r} + z \frac{\cos \theta \sin \phi}{r} \right) \frac{\partial}{\partial \theta} - \cos^2 \phi \frac{z}{x} \frac{\partial}{\partial \phi} \\
 &= -\sin \phi \frac{\partial}{\partial \theta} - \cot \theta \cos \phi \frac{\partial}{\partial \phi}
 \end{aligned}$$

$$\begin{aligned}
 L_z &= xp_y - yp_x \\
 &= \frac{\hbar}{i} \left( x \frac{\partial}{\partial y} - y \frac{\partial}{\partial x} \right) = \frac{\hbar}{i} \frac{\partial}{\partial \phi}
 \end{aligned}$$

$$\frac{i}{\hbar} L_y = \cos \phi \frac{\partial}{\partial \theta} - \cot \theta \sin \phi \frac{\partial}{\partial \phi}$$

all these calculations can  
be done by sympy

# raising and lowering op

$$L_{\pm} = L_x \pm iL_y$$

$$= i\hbar \sin\phi \frac{\partial}{\partial\theta} + i\hbar \cot\theta \cos\phi \frac{\partial}{\partial\phi} \pm \hbar \left( \cos\phi \frac{\partial}{\partial\theta} - \cot\theta \sin\phi \frac{\partial}{\partial\phi} \right)$$

$$= \pm \hbar e^{\pm i\phi} \frac{\partial}{\partial\theta} + i\hbar \cot\theta e^{\pm i\phi} \frac{\partial}{\partial\phi}$$

$$= \hbar e^{\pm i\phi} \left( \pm \frac{\partial}{\partial\theta} + i \cot\theta \frac{\partial}{\partial\phi} \right)$$

- find  $\varphi$  solution

$$\langle \theta, \phi | L_z | l, m \rangle = \frac{\hbar}{i} \frac{\partial}{\partial \phi} \langle \theta, \phi | l, m \rangle = m\hbar \langle \theta, \phi | l, m \rangle$$

$$\frac{\partial}{\partial \phi} \langle \theta, \phi | l, m \rangle = im \langle \theta, \phi | l, m \rangle$$

$$\langle \theta, \phi | l, m \rangle = e^{im\phi} F(\theta)$$

- find  $\theta$  solution  $L_+ |l, l\rangle = 0$

$$\langle \theta, \phi | L_+ |l, l\rangle = -\hbar e^{i\phi} \frac{\partial}{\partial \theta} \langle \theta, \phi |l, l\rangle - i\hbar \cot \theta e^{i\phi} \frac{\partial}{\partial \phi} \langle \theta, \phi |l, l\rangle = 0$$

$$\left( \frac{\partial}{\partial \theta} + i \cot \theta \frac{\partial}{\partial \phi} \right) \langle \theta, \phi |l, l\rangle = 0$$

$$\left( \frac{\partial}{\partial \theta} - l \cot \theta \right) F(\theta) = 0$$

$$\left( \frac{\partial}{\cos \theta \partial \theta} - \frac{l}{\sin \theta} \right) F(\theta) = 0$$

$$F(\theta) = \sin^l \theta$$

$$\begin{aligned}
Y_{lm}(\theta, \phi) &= \langle \theta, \phi | l, m \rangle \\
&= C \langle \theta, \phi | (L_-)^{l-m} | l, l \rangle = C \hbar^{l-m} \left[ e^{-i\phi} \left( \frac{\partial}{\partial \theta} - i \cot \theta \frac{\partial}{\partial \phi} \right) \right]^{l-m} \sin^l \theta e^{im\phi}
\end{aligned}$$

- normalization constant  $\int |\langle \theta, \phi | l, m \rangle|^2 d\Omega = 1$

$$Y_{lm}(\theta, \phi) = (-1)^m \left[ \frac{2l+1}{4\pi} \frac{(l-m)!}{(l+m)!} \right]^{1/2} P_l^m(\cos \theta) e^{im\phi}$$

# matrix representation

- for angular momentum  $l=1$ , there are 3 eigenstates
- we can write them with column vectors

$$|1,1\rangle = \begin{pmatrix} 1 \\ 0 \\ 0 \end{pmatrix} \quad |1,0\rangle = \begin{pmatrix} 0 \\ 1 \\ 0 \end{pmatrix} \quad |1,-1\rangle = \begin{pmatrix} 0 \\ 0 \\ 1 \end{pmatrix}$$

row index

# matrix elements

- matrix representation of L operators

$$\langle l, m' | L_z | l, m \rangle = m\hbar \delta_{m', m}$$

$$\langle l, m' | L_+ | l, m \rangle = \sqrt{(l-m)(l+m+1)} \hbar \delta_{m', m+1}$$

$$\langle l, m' | L_- | l, m \rangle = \sqrt{(l+m)(l-m+1)} \hbar \delta_{m', m-1}$$

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$$L_z = \hbar \begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{pmatrix} \quad L_+ = \hbar \begin{pmatrix} 0 & \sqrt{2} & 0 \\ 0 & 0 & \sqrt{2} \\ 0 & 0 & 0 \\ \mathbf{1} & \mathbf{0} & \mathbf{-1} \end{pmatrix} \quad L_- = \hbar \begin{pmatrix} 0 & 0 & 0 \\ \sqrt{2} & 0 & 0 \\ 0 & \sqrt{2} & 0 \end{pmatrix} \begin{matrix} \mathbf{1} \\ \mathbf{0} \\ \mathbf{-1} \end{matrix}$$

# matrix elements

- for other L components

$$L_x = \frac{1}{2}(L_+ + L_-) = \frac{\hbar}{\sqrt{2}} \begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 1 \\ 0 & 1 & 0 \end{pmatrix}$$

$$L_y = -\frac{i}{2}(L_+ - L_-) = \frac{\hbar}{\sqrt{2}} \begin{pmatrix} 0 & -i & 0 \\ i & 0 & -i \\ 0 & i & 0 \end{pmatrix}$$

- Easy to tell  $L_+$  and  $L_-$  are non-Hermitian, and  $L_i$  are Hermitian



# Commutation relations

- It is also easy to prove commutation relations using matrix representation

$$\begin{aligned} [L_x, L_y] &= L_x L_y - L_y L_x = \frac{\hbar^2}{2} \begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 1 \\ 0 & 1 & 0 \end{pmatrix} \begin{pmatrix} 0 & -i & 0 \\ i & 0 & -i \\ 0 & i & 0 \end{pmatrix} - \frac{\hbar^2}{2} \begin{pmatrix} 0 & -i & 0 \\ i & 0 & -i \\ 0 & i & 0 \end{pmatrix} \begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 1 \\ 0 & 1 & 0 \end{pmatrix} \\ &= \frac{\hbar^2}{2} \begin{pmatrix} i & 0 & -i \\ 0 & 0 & 0 \\ i & 0 & -i \end{pmatrix} - \frac{\hbar^2}{2} \begin{pmatrix} -i & 0 & -i \\ 0 & 0 & 0 \\ i & 0 & i \end{pmatrix} = i\hbar^2 \begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{pmatrix} \\ &= i\hbar L_z \end{aligned}$$

# matrix representation for SHO

- The operators in SHO

$$H|n\rangle = \hbar\omega\left(n + \frac{1}{2}\right)|n\rangle \quad a|n\rangle = \sqrt{n}|n-1\rangle \quad a^\dagger|n\rangle = \sqrt{n+1}|n+1\rangle$$

- the eigenstates in SHO are written as

$$|0\rangle = \begin{pmatrix} 1 \\ 0 \\ 0 \\ \vdots \end{pmatrix} \quad |1\rangle = \begin{pmatrix} 0 \\ 1 \\ 0 \\ \vdots \end{pmatrix} \quad |2\rangle = \begin{pmatrix} 0 \\ 0 \\ 1 \\ 0 \\ \vdots \end{pmatrix}$$

# matrix representation

$$\langle n' | H | n \rangle = \hbar\omega \left( n + \frac{1}{2} \right) \delta_{n',n}$$

$$H = \hbar\omega \begin{pmatrix} \frac{1}{2} & 0 & 0 & 0 & 0 \\ 0 & \frac{3}{2} & 0 & 0 & 0 \\ 0 & 0 & \frac{5}{2} & 0 & 0 \\ 0 & 0 & 0 & \frac{7}{2} & 0 \\ & & & & \ddots \end{pmatrix}$$

# matrix representation

$$\langle n' | a | n \rangle = \sqrt{n} \delta_{n', n-1}$$

$$a = \begin{pmatrix} 0 & 1 & 0 & 0 & 0 \\ 0 & 0 & \sqrt{2} & 0 & 0 \\ 0 & 0 & 0 & \sqrt{3} & 0 \\ 0 & 0 & 0 & 0 & 0 \\ & & & & \ddots \end{pmatrix}$$

$$\langle n' | a^\dagger | n \rangle = \sqrt{n+1} \delta_{n', n+1}$$

$$a^\dagger = \begin{pmatrix} 0 & 0 & 0 & 0 & 0 \\ 1 & 0 & 0 & 0 & 0 \\ 0 & \sqrt{2} & 0 & 0 & 0 \\ 0 & 0 & \sqrt{3} & 0 & 0 \\ & & & & \ddots \end{pmatrix}$$

